2016 American Athletic Conference Football Schedule

| East Division | | | | | | | | | | | | | |
|--|----------------------|---------------|----------------------|------------------|-------------------|-------------------|-------------------|--|------------------|-----------------|------------------|-----------------------|--------------------|
| Team | Sep. 3 | Sep. 10 | Sep. 17 | Sep. 24 | Oct. 1 | Oct. 8 | Oct. 15 | Oct. 22 | Oct. 29 | Nov. 5 | Nov. 12 | Nov. 19 | Nov. 26 |
| CINCINNATI | UT Martin (9/1) | at Purdue | Houston (9/15) | Miami, OH | USF | at UConn | OFF | East Carolina | at Temple | BYU | at UCF | Memphis (11/18) | at Tulsa (11/25) |
| UCONN | Maine (9/1) | at Navy | Virginia | Syracuse | at Houston (9/29) | Cincinnati | at USF | UCF | at East Carolina | Temple (11/4) | OFF | at Boston College | Tulane |
| EAST CAROLINA | Western Carolina | NC State | at South Carolina | at Virginia Tech | UCF | at USF | Navy (10/13) | at Cincinnati | UConn | at Tulsa | SMU | OFF | at Temple |
| TEMPLE | Army (9/2) | Stony Brook | at Penn State | Charlotte | SMU | at Memphis (10/6) | at UCF | USF (10/21) | Cincinnati | at UConn (11/4) | OFF | at Tulane | East Carolina |
| UCF | SC State | at Michigan | Maryland | at FIU | at East Carolina | Tulane (10/7) | Temple | at UConn | at Houston | OFF | Cincinnati | Tulsa | at USF |
| USF | Towson | NIU | at Syracuse | Florida State | at Cincinnati | East Carolina | UConn | at Temple (10/21) | Navy (10/28) | OFF | at Memphis | at SMU | UCF |
| West Division | | | | | | | | | | | | | |
| HOUSTON | Oklahoma (1) | Lamar | at Cincinnati (9/15) | at Texas State | UConn (9/29) | at Navy | Tulsa | at SMU | UCF | OFF | Tulane | Louisville (11/17) | at Memphis (11/25) |
| MEMPHIS | SE Missouri St. | OFF | Kansas | Bowling Green | at Ole Miss | Temple (10/6) | at Tulane (10/14) | at Navy | Tulsa | at SMU | USF | at Cincinnati (11/18) | Houston (11/25) |
| NAVY | Fordham | UConn | at Tulane | OFF | at Air Force | Houston | at ECU (10/13) | Memphis | at USF (10/28) | Notre Dame (2) | Tulsa | OFF | at SMU |
| SMU | at North Texas | at Baylor | Liberty | TCU (9/23) | at Temple | at Tulsa (10/7) | OFF | Houston | at Tulane | Memphis | at East Carolina | USF | Navy |
| TULANE | at Wake Forest (9/1) | Southern | Navy | UL Lafayette | at UMass | at UCF (10/7) | Memphis (10/14) | at Tulsa | SMU | OFF | at Houston | Temple | at UConn |
| Tida | San Jose State | at Ohio State | NC A&T | at Fresno State | OFF | SMU (10/7) | at Houston | Tulane | at Memphis | East Carolina | at Navy | at UCF | Cincinnati (11/25) |
| TULSA San Jose State at Ohio State NC A&T at Fresno State SMU (107) at Houston (1) at NRG Stadium, Houston, TX; (2) at Jacksonville, FL; *2016 Army-Navy Game - Sat., Dec. 10; M&T Bank Stadium - Baltimore, MD | | | | | | | | 2016 American Championship Game - Sat., Dec. 3; Hosted by a division winner. | | | | | |